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In Document A, B, D, and F, it states that there are many reasons to why social media is terrible as it is influencing and causing teens to not being able to communicate in real word or real life conversations such as: social media causing cyberbullying, losing confidence, and lowering self esteem.

People who get one social media are usually bullied. There are people who attack other peopple and harass them as cyberbullies. As listen in Document F, it stats (in negative impacts section), "The use of social media leads to cyberbullying, which leads to depression, thoughts of social media is bad tennegaers to use. Yet, on the other hand, you might say that it helps kids express themselves there are 17% of teens who have experienced cyberbullying and 5.7% are even afraid to go to their computer (Doc. F - listed in negative impacts). Another reason why social media is terrible is because of the amount of horrible comments on these sites, and how it criticizes people. As it states in Document F, Social media leads to suicide, which is a third leading cause of death among young people in ages 15 - 24 (Doc. F - negative impacts) . This is another sign of bullying and since suicide is a serious and sensitive topic, socials media should not influence. Therefore social media causes people to get bullied and hurt - physically, mentally, or emotionally.

On the subject of social media hurting one's feelings, social media also leads to people losing confidence. People talk differently in social media because you may have a face to hide,

you can just click a screen and easily send an msg to someone - this is not easy for people to easily transition from this and take in a face to face situation. Like in this situation, a person in the Bay Area suburbs, Laura Shymaker - mother of three has reported: (P. 22) “ ...noticed recently that her 17 year old, John, was keeping up with his friends so much that he has become more withdrawn and skittish about face - to -face interactions.” This is grown up, almost adulthood teenager that has been affected by social media this early, 1/5 through his life. Social media causes people to lose confidence and like John, makes you less prone to not be skittish in face to face conversations. Another reason to which why people are losing confidence is because of what others are saying. In Document D the author states, “This is due to the ability to speak without a visual confirmation..”. So therefore people can speak without a filter and who knows the comments and remarks people might say about one or something else.

Additionally, social media is lowering one’s self esteem, when people post something on social media, they get comments. In one situation, someone who is getting cyberbullied will get negative comments pointing out something horrible about them causing them to think about the horrible comment that was made. As it states in Document D, “...but they are generally more depressed and anxious in actual social situations. This is the main cause for “trolling some experts believe.” social media is a place for comments and actions to define someone and make them think more of themselves as the comments come in. People who make these comments are called “trolls”, which comment on someone negatively. This makes people have a lowered self esteem since they do not know if they are kidding or not. Another reason why people have a lowered self esteem is because of jealousy or envy. Stated by the author in Document D, “ They found that the most common emotion aroused by using Facebook was envy. Endlessly

comparing themselves with peers...” People have low self-esteem find themselves envying others on Facebook. This is something causing people to have a inactive social life outside of the online world.

To sum it all up, social media is horrible because it causes teens to not be able to communicate in real world or real life conversations reasons such as: social media causing cyberbullying, losing confidence, and lowering self-esteem. People would not want to use social media because it loses confidence since you talk to screen instead of an actual face - to - face conversation between one another, because of the negative people, and lastly because of the comments that judge your character and who you are.